
**BUSINESS DESIGN CENTRE
HOSPITALITY & EVENTS
MENUS**

THE *Good eating*
COMPANY



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OUR PHILOSOPHY

Our bespoke menus are created by using natural, seasonal, high quality ingredients sourced from our carefully selected suppliers. Where possible, we believe in using local suppliers, generating sustainability within the local communities that we work, in addition to promoting sustainable food and farming methods.

Our menus are designed to suit a variety of business needs, whether a conference for 200, or an exhibition for 2000. We have endeavoured to include a variety of traditional favourites, as well as some more contemporary items to suit the ever changing tastes of today's market. These include a wider variety of vegan and vegetarian options, as well some 'Healthy & Happy' alternatives.

At the Good Eating Company, we are accredited with the Environmental Management System ISO14001 and are a Carbon Neutral Company. This ensures we actively monitor the impact of our practices on the environment.



COFFEE BREAKS

Tea and Coffee	£2.65	Whole Fruit Bowl	£2.65
Tea, Coffee and Biscuits	£3.60	Sliced Fruit Platter (minimum 10 persons)	£4.50
Tea, Coffee and Mini Danish	£4.75	GEC Cookie	£2.75
Tea, Coffee and Mini Muffins	£5.75	Traditional Cookie Selection (approx 60 - 70 biscuits)	£30.10
GEC Filtered Water - 750ml	£3.20	GEC Muffin	£2.85
Orange, Apple or Cranberry Juice - Litre	£4.90	Sweet Treats: Brownie, Granola Bar, Carrot Cake	£3.70
Pain au Chocolat or Pain au Raisin	£2.75	Granola Pot with Greek Yoghurt	£2.85
Croissant	£2.95	Bircher Muesli Pot	£2.95
Brioche Bacon, Sausage or Egg Roll	£4.15		