



BUSINESS DESIGN CENTRE
WORKING LUNCH



PHILOSOPHY:

Our bespoke menus are created by using natural, seasonal, high quality ingredients sourced from our carefully selected suppliers. Where possible, we believe in using local suppliers, generating sustainability within the local communities that we work, in addition to promoting sustainable food and farming methods.

Our menus are designed to suit a variety of business needs, whether a conference for 200, or an exhibition for 2000. We have endeavoured to include a variety of traditional favourites, as well as some more contemporary items to suit the ever changing tastes of today's market.

We are Covid compliant and following all government guidelines to ensure our company are keeping our clients and customers safe.

At the Good Eating Company, we are accredited with the Environmental Management System ISO14001 and are a Carbon Neutral Company. This ensures we actively monitor the impact of our practices on the environment.

CSR:

We have carefully selected our suppliers, prioritising those who are part of the FORs scheme, or have adopting their own initiatives to improve the sustainability of their supply chain.

We incentivise, and reward the use of re-usable crockery and cutlery at our events. Our teams complete daily wastage analysis, all of which are reviewed by our CSR Officer to ensure all necessary action is taken to minimise net waste.

WORKING LUNCH PACKAGE

Individually portioned and packed lunch including an Artisan sandwich or wrap with two finger items, salad box and soft drink.

Arrival Tea

Freshly Brewed Illy Coffee, a Selection of Teas and Herbal Infusions served with Lyell's Biscuits

Morning Tea

Freshly Brewed Illy Coffee, a Selection of Teas and Herbal Infusions served with Lyell's Biscuits

Mineral Water & Fresh Juice with all lunches

SANDWICH FILLINGS

(choose one)

Vegetarian/ Vegan

Classic Mature Cheddar Ploughman's

Homemade Falafel Wrap with Houmous & Shredded Salad

Free Range Egg & Mustard Cress

Mozzarella Tricolore

Fish

Scottish Smoked Salmon with Cream Cheese & Lemon

Prawn Mayonnaise

Tuna Mayonnaise & Cucumber

Meat

British Ham & Mature Cheddar

Hoisin Duck

Maple Cured Bacon, Lettuce & Plum Tomato

Roast Chicken & Bacon Caesar

Roast chicken, Salad & Mayonnaise

All fillings are available in a variety of breads (gluten free available on request)



FINGER FOOD ITEMS

(Choose two)

GEC Sausage Roll

Breaded Chicken Goujon, Katsu Mayo

Cured Salmon, Chive & Creme Fraiche tart

Spanish Tortilla with Aioli

Vegetable Samosa with Tamarind Chutney

SALADS

(choose one)

Classic Caesar Salad

Plum Tomato, Bocconcini & Rocket Pesto

Roasted Squash, Black Quinoa, with Sesame & Pickled Shallot

Wok Tossed Broccoli, Green Beans, Soy Dressing & Tempered Chilli & Garlic

