



THIS WEEK

MONDAY

Main

Chicken Shawarma served with Pickled Cabbage, Pickled Turnips & Sauces

Salad

Beetroot, Lentil & Feta

WEDNESDAY

Main

Beef Lasagne with Pesto Tomato OR Sweet Potato & Chick Pea Curry with Pilaff Rice

Salad

Asian Slaw

FRIDAY

Main

Beer Battered Haddock with Chunky Chips & Mushy Peas

Salad

Roasted Cauliflower & Shallot

TUESDAY

Main

Chunky Beef Chilli with Cumin Rice, Sour Crème, Tortilla Chips & Guacamole OR Spinach & Ricotta Lasagne

Salad

Coconut Slaw

THURSDAY

Main

Chicken Jalfrezi served with Naan Bread, Pilaf Rice & Sambals

Salad

Pesto Pasta with Slow Roasted Tomato

THIS WEEK

Classics

Butterfly Chicken
Salmon Fillet

Sides

Skinny Fries, Roasted Cauliflower & Shallot, Kachumber, Caesar
Proteins
Herb Roasted Chicken, Aloo Tiki, Panisse with Roasted Vegetables & Pomodoro