



# THIS WEEK

## MONDAY

Grilled Minute Steak, Pomme Frites or  
Bearnaise Sauce

OR

Cauliflower Steak with Sage & Golden  
Raisins (V)

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## TUESDAY

Chicken Jeera, Pilaf Rice & Kachumber

OR

Sweet Potato & Coconut Curry,  
Pilaf Rice & Kachumber (VG)

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## WEDNESDAY

Lasagne al Forno & Pesto Roasted  
Tomato

OR

Lentil Bolognese & Wholemeal Penne  
with Rocket Salad (VG)

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## THURSDAY

Jerk Chicken, Rice 'n Peas & Coconut  
Slaw

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## FRIDAY

Beer Battered Haddock, Chips & Mushy  
Peas

OR

Beer Battered Banana Blossom, Chips &  
Mushy Peas (VG)

## SALAD COUNTER

Herb Roasted Chicken

*Smoked Tofu Kebabs (VG)*

Vegetable Samosa with Tamarind  
Chutney (V)

Beetroot Pearl Barley, Toasted  
Pumpkin Seeds & Goats Cheese (V)

*Wok Tossed Broccoli, Green Beans,  
Tempered Chilli & Garlic (VG)*

Roasted Heritage Carrots (V)

*Classic Caesar (V)*

## GRAB 'N GO

Chicken Shawarma Wrap

Grilled Halloumi

& Roasted Red Pepper Wrap (V)

Smoked Ham & Cheese Focaccia

*Tuna & Sriracha Melt*

Goats Cheese & Chilli Jam

Focaccia (V)