



WEEKLY MENU – 30.09.2024

WEEKLY SALADS

Caesar Salad

Harrisa Chickpea &
Cauliflower

Baked Celariac, Lime &
Yoghurt

Greek Salad

Pasta Genovese

Green Bean, Kale & Feta

Kachumbar

WEEKLY SALAD MAIN

Calabrian roast chicken

Grilled Mackerel - Chilli
Salsa

Feta & Mint Filo Parcels

Harissa Salmon

Seared Beef Loin, Green
Salsa

Goats cheese & Pesto tart

Hot Smoked Salmon
Bruschetta, Dill Cream
cheese

Grilled Halloumi, Tomato
salsa

MONDAY

HOT MAIN

Amatriciana Chicken with
new potatoes, pancetta &
tomato

TUESDAY

HOT MAIN

Mac & Cheese, Crispy
Panceta & Jalapeno
Crumb

VEGGIE HOT MAIN

Mac & Cheese, Kale &
Jalapeno Crumb

WEDNESDAY

HOT MAINS

Chicken, Leek &
Mushroom Pie, Roast
Root Veg

VEGGIE HOT MAIN

Leek & Mushroom Pie,
Roast Root Veg

THURSDAY

HOT MAINS

Gochugang Pollock,
Steamed Rice & Pak Choi

VEGGIE HOT MAIN

Satay Tofu, Steamed Rice
& Pak choi

FRIDAY

HOT MAIN

Fish Burger, Tartare Sauce &
Fries