



WEEKLY MENU –28.07.2025

WEEKLY SALADS

Beetroot Slaw
Bombay Potatoes
Green Garden
Salad with Hummus
Caesar Salad
Crispy Potato with
Sour Cream &
Chives
Beetroot Slaw &
Pomegranate
Wholegrain
Tabbouleh

WEEKLY SALAD MAIN

Jerk Salmon
Onion Bahji with chutney
Smokey Chipotle Roast
Chicken
Halloumi & Watermelon
Skewer
Caponata stuffed Aubergine
Roast Honey Mustard
Chicken
Summer Roll

MONDAY

VEGGIE HOT MAIN
Courgette Gardiniera
Pasta

TUESDAY

HOT MAINS
Beef Rendang with
Jasmine Rice

VEGGIE HOT MAIN
Butternut Squash &
Chickpea Curry with
Lentils

WEDNESDAY

HOT MAINS
Beef Bolognese with
parpadelle Pasta

VEGGIE HOT MAIN
Lentil Bolognese with
Parpadelle Pasta

THURSDAY

HOT MAINS
Thai Green Chicken Curry
with Jasmine Rice

VEGGIE HOT MAIN
Thai Green Tofu Curry
with Jasmine Rice

FRIDAY

HOT MAIN
Fish & Chips. Mushy Peas &
Tartare Sauce