



WEEKLY MENU – 12.1.26

WEEKLY SALADS

Caesar Salad

Harissa Roasted Squash &
Chickpea

Panzanella

Pasta Genovese

Zattar courgette & giant Cous
Cous

MONDAY

HOT MAINS

Roasted Mushroom Gnocchi

TUESDAY

HOT MAINS

Paprika Chicken & Chorizo
Beans with Roast Potato

VEGGIE HOT MAIN

Grilled Halloumi & Smokey
Beans with Roast Potato

WEDNESDAY

HOT MAINS

Beef Hot pot with greens

VEGGIE HOT MAIN

Mushroom & Lentil Pie
with Greens

WEEKLY SALAD MAIN

Gochugang Salmon

Satay Tofu

Feta & Spinach Filo Parcel

Satay Chicken

Grilled Sardines

Feta & Red Pepper Tart

THURSDAY

HOT MAINS

Coconut Chicken Curry with
Jasmine rice

VEGGIE HOT MAIN

Thai Aubergine Curry
with Jasmine Rice

FRIDAY

HOT MAINS

Chicken Milanese