



WEEKLY MENU – 16.2.26

WEEKLY SALADS

- Winter Leaf Caesar Salad
- Nicoise Salad
- Tahini Yogurt Slaw
- Beetroot, Feta & Chickpea
- Patatas Bravas
- Lentil & Spiced Carrot
- Peshwari Cauliflower & Red Pepper
- Lentil & Spiced Carrot

WEEKLY SALAD MAIN

- Pea & Goats Cheese Frittata
- Harissa Chicken Supreme
- Hummus stuffed Aubergine
- Cajun Salmon & Green Sauce
- Black Garlic & Soy Chicken
- Feta & Spinach Parcel
- Smoked Salmon & Dill Tartlett

MONDAY

HOT MAINS

Beef Burrito with Wedges

VEGGIE HOT MAIN

Bean Chilli Wraps with Wedges

TUESDAY

HOT MAINS

Chicken & Lemon Tagine
Tabbouleh

VEGGIE HOT MAIN

Sweet Potato Curry

WEDNESDAY

HOT MAINS

Peri Peri Chicken with spicy rice and slaw

VEGGIE HOT MAIN

Peri Peri Halloumi with spicy rice and slaw

THURSDAY

HOT MAINS

Tikka Chicken Curry with Rice

FRIDAY

HOT MAINS

Smashed Beef burger with fries