



WEEKLY MENU – 2.3.26

WEEKLY SALADS

- Caesar Salad
- Brown Rice, Broccoli & Tahini
- Kachumbar
- Mexican Sweet potato & Corn
- Red Cabbage Slaw

WEEKLY SALAD MAIN

- Chipotle & Honey Salmon
- Garlic & Herb roasted Chicken
- Beetroot Falafel & Hummus
- Roast Squash & Feta Tart
- Korean Glazed Chicken
- Honey Mustard Salmon
- Roast Squash & Feta Tart

MONDAY

HOT MAINS

- Beef Ragu with Casarecce
Pasta

TUESDAY

HOT MAINS

- Lamb Shoulder Tagine,
Saffron Rice

WEDNESDAY

HOT MAINS

- Jerk Curry with Rice & Slaw

THURSDAY

HOT MAINS

- Baked Cod with butterbean
Cassoulet

FRIDAY

VEGGIE HOT MAIN

- Creamy Mushroom Pasta

VEGGIE HOT MAIN

- Sweet Potato & Bean Chilli
With Rice

VEGGIE HOT MAIN

- Mac & Cheese

VEGGIE HOT MAIN

- Grilled Halloumi &
Butterbean Cassoulet