



WEEKLY MENU – 16.3.26

WEEKLY SALADS

Winter Leaf Caesar Salad

Baby Gem & Mustard dressing

Chopped Salad with tahini & Zaatar

New Potato, Sour Cream & Chive

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Smashed Cucumber, Tomato & Sumac

Red Cabbage Slaw

WEEKLY SALAD MAIN

Cauliflower & Onion Bhajis, Tomato chutney

Harissa Chicken Supreme

Smoked Salmon & Dill Tartlett

Peri Peri Salmon

Spinach & Feta Parcels

Salmon Fish Cakes with Tartare

Sweet Potato Falafel & Hummus

Jerk Chicken with Salsa

MONDAY

HOT MAINS

Chicken & Tarragon

Casarecce. Garlic Bread

Knots, Rockett Salad

TUESDAY

HOT MAINS

Cajun Chicken with Spicy Rice & Slaw

WEDNESDAY

HOT MAINS

Beef Bourguignon with braised rice

THURSDAY

HOT MAINS

Chicken Chasseur with crushed potatoes

FRIDAY - SUNDAY

HOT MAINS

Chicken Chasseur with crushed potatoes

VEGGIE HOT MAIN

Courgette & Ricotta

Casarecce. Garlic Bread

Knots, Rockett Salad

VEGGIE HOT MAIN

Grilled Halloumi with Spicy

Rice & Slaw

VEGGIE HOT MAIN

Mushroom Bourguignon

with braised rice

VEGGIE HOT MAIN

Bean & Mushroom

Chasseur with crushed potatoes

VEGGIE HOT MAIN

Bean & Mushroom

Chasseur with crushed potatoes