



## WEEKLY MENU – 20.4.26

### WEEKLY SALADS

Baby Gem & Courgette with  
Buttermilk Dressing

Fennel & Beetroot Slaw

Lemon & Herb Orzo with Roast  
Peppers

Fattoush

Caesar Salad

Greek Salad

Harissa Vegetables with Quinoa

Asparagus & White Bean Salad

Tomato, Avocado & Corn

Harissa Vegetables with Quinoa

### WEEKLY SALAD MAIN

Fish Croquettes with Aioli

Grilled Herb Chicken Supreme

Buffalo Cauliflower Wings,  
Blue Cheese Dressing

Pesto Salmon

BBQ Chicken

Feta spinach parcels

### MONDAY

HOT MAINS

Beef Burritos with salsa

### TUESDAY

HOT MAINS

Beef Lasagne

VEGGIE HOT MAIN

Pesto Casarecce with  
Mozzarella

### WEDNESDAY

HOT MAINS

Lamb Kofte with Roast  
Potatoes & Mint Sauce

VEGGIE HOT MAIN

Halloumi Skewers with  
Roast Potatoes

### THURSDAY

HOT MAINS

Cajun Chicken Rice

### FRIDAY

HOT MAINS

Curried cod & Cauliflower  
Pilaf