



WEEKLY MENU – 27.4.26

WEEKLY SALADS

Red Cabbage & Apple Slaw

Harissa Butternut & Cous Cous

Fattoush

Greek Salad

Harissa Vegetables with Quinoa

Tomato, Avocado & Corn

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Nicoise

Green Mixed Leaf

Asparagus & White Bean Salad

WEEKLY SALAD MAIN

Fish Croquettes with Aioli

Grilled Herb Chicken Supreme

Buffalo Cauliflower Wings,
Blue Cheese Dressing

Vegetable Spring rolls

Smoked Chicken Quarter

BBQ Chicken

Pesto Salmon

MONDAY

HOT MAINS

Beef Burritos with salsa

TUESDAY

HOT MAINS

Coconut Fish Curry with
Pilaf

VEGGIE HOT MAIN

Butternut & Chickpea

Tagine with Rice

WEDNESDAY

HOT MAINS

Baked Cod with butterbean
Cassoulet

VEGGIE HOT MAIN

Thai Aubergine Curry

THURSDAY

HOT MAINS

Greek Style Meatballs, Cous
Cous

VEGGIE HOT MAIN

Grilled Halloumi & Cous

Cous

FRIDAY

HOT MAINS

Beef Chilli & Nachos